

The Ailey Teacher Certification: Ailey Horton Technique Level 1 has been created to provide a comprehensive understanding of the Horton technique through the historical legacy, creative philosophy, and artistic vision of Lester Horton and Alvin Ailey, ensuring that the Ailey Horton Technique continues to evolve and grow. Our goal is that it remains a valuable, relevant, and accessible training method which inspires artists to reach their full potential as knowledgeable, and versatile dancers, educators, and choreographers.

In this experiential Introductory Workshop, participants will enjoy an in-depth overview of this training program that is rooted in cultural context, and Alvin Ailey's standards of excellence. During this Introductory Overview of The Ailey Teachers Certification Program, attendees will explore the fundamental elements of the program to understand the codified methodology and theoretical practice of teaching this technique. The goal is to provide participants with insight into how this program supports professional development to elevate teaching effectiveness.

The greater portion of this Introductory Workshop will focus on a sample Ailey School Horton class to explore the fundamental elements.

➤ **Course overview:**

- What does the 32-week course offer and how is it delivered?

➤ **Historical Context of Lester Horton & Alvin Ailey:**

- Legacy and Lineage

➤ **Ailey Horton Warm-up:** Foundational Components (with demonstrator)

- Class Structure: Studies, Exercises, Progressions, Pace, Energy
- Methodology and Theoretical Practice: Codification, Terminology, Vocabulary, Articulation, Modifications
- Anatomy : Muscles, Bones, Joints, Placement, Alignement, Stance, Positions, Shapes & Forms
- Artistry: Musicality, Feeling, Emotion, Visuals, Imagery, Analogies

This Introductory Workshop will conclude with an opportunity for attendees to participate in a Q&A. Attendees will receive an acknowledgement of attendance upon completion of the Introductory Workshop.

